

Fractions and Multiplication Unit 1

Short Mental Workouts

The short activities suggested below do not have to be done at the beginning of your maths lesson – they are suitable for doing at any time of the day to provide ongoing revision of important mental and oral skills.

While there probably isn't time during your maths lesson for these activities, it is crucial to regularly revisit the skills used. You decide when to use them – perhaps at the beginning of the day for 'morning maths', as you line up for lunch, or as a 'brain-break' during the afternoon.

If an image is suggested, you can find it on the sheet(s) below and/or use the link (beginning <https://wrht.org.uk/...>) to find it, and other related generic materials.

Day 1

Count in 10s

Use the 100 bead bar to support counting in 10s from 10 to 100. Children 'flash' 10 fingers for each 10 said. Use the bead bar to support counting back in 10s from 100 to 0.

Day 2

Doubles

Slide all of the beads on a 20-bead frame behind a whiteboard. Slide 1 across on each bar to show double 1. *Double 1 is...* children say 2! Slide 1 more across on each bar, *Double 2 is...* children say 4! Repeat to double 10. Repeat showing random doubles to double 10, children saying the total.