

# Measures and Data Unit 1

## Short Mental Workouts

*The short activities suggested below do not have to be done at the beginning of your maths lesson – they are suitable for doing at any time of the day to provide ongoing revision of important mental and oral skills.*

*While there probably isn't time during your maths lesson for these activities, it is crucial to regularly revisit the skills used. You decide when to use them – perhaps at the beginning of the day for 'morning maths', as you line up for lunch, or as a 'brain-break' during the afternoon.*

*If an image is suggested, you can find it on the sheet(s) below and/or use the link (beginning [https://wrht.org.uk/...](https://wrht.org.uk/)) to find it, and other related generic materials.*

### **Day 1 – Estimating and comparing**

Children play a game in pairs. Each child picks up a handful of cubes and tips them onto a table. Without counting, each child decides if there are more than 10 cubes or fewer than 10 cubes in each pile. Both children then count the cubes in each pile to check. They then write down both numbers of cubes, smaller number first. Repeat several times.

### **Day 2 – Left and right**

Remind children how they can make an L-shape using their left hands by holding hands, palms facing away, fingers together, thumbs stuck out. *Remember, L is for left!* Play a very quick game of 'Simon says'. *Raise your right hand. Simon says touch your left shoulder, etc.*